

# Koala Room

Daily Routine for 0-2 Years

(6 am to  
session)



ROUTINES ARE FLEXIBLE FOR NAPPY CHANGE, SLEEP AND FEEDING AS DETERMINED BY INDIVIDUAL

6:00 am	- Centre opens
6:00 am – 7:00 am	Children come settle in slowly Early breakfast served
7:00 am – 8:00 am	Nappy change if needed Free play.
8:00 am - 9:00 am	Sensory play and table activities – play dough, musical toys.
9:00 am – 9:30 am	Morning tea Nappy change if needed. Nap time for some children after morning tea.
9:30 am –10:30am	<u>Sensory play.</u> <u>Outdoor play.</u> <u>Some children bottle time.</u>
10:30 am –11:00am	<u>Indoor Play time.</u> <u>Tummy time, musical instrument.</u> <u>Group play, group time book reading.</u>
<u>11:00 am – 11:30am</u>	<u>Nappy change.</u> Lunch Served.
11:30 am –1:30pm	wipe faces after lunch Bottle for few children if needed. Nap time.
1:30pm -2:00pm	<u>Nappy change</u> <u>Get ready for outside</u> <u>Sun screen and shoes on.</u> <u>If any baby a wake so free playtime.</u>
2:00 pm – 2:30 pm	Afternoon tea served. Some babies might take nap again.
2:30pm -4:00 pm	Outdoor play/ indoor play based on weather and children interest.
4:00pm -4:30pm	<u>Late snacks served.</u>
4:30am -5:00 pm	Nappy change
5:00pm -6:00pm	Free play indoor. Get ready for home.